

August 2025



Civic Holiday Aug 4 | Beach Luau Aug 19

Program evensts are subject to change. Please refer to the daily activity board near the nursing station for updated recreation programs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30am Calendar Delivery 10:30am Exercise Group 1:30pm 1:1 Visits - Birthday Photos 2:00pm Bingo 3:30pm Word Puzzles 6:00pm Hand Massages	2 10:30am Outdoor stroll 1:30pm Euchre Card Game 3:00pm Card Bingo
3 10:30am Tuck Shop Cart 1:30pm Balloon Badminton 3:30pm Board Games	4 9:30am Walking Program 10:30am Exercise Group 1:30pm Euchre Card Game 2:30pm Sensory Cart 3:00pm Rosary Group & Communion 6:00pm Word Within Word Civic Holiday	5 9:30am Walking Program 10:30am Roman Catholic Mass Church Service 1:30pm Reminiscing Group 2:30pm Travelling Manicures 3:30pm Bocce Ball 6:00pm Aromatherapy	6 9:30am Walking Program 10:30am Exercise Group 1:30pm Daily Bread Reading 2:00pm Bingo 3:30pm Horse Racing 6:00pm Let's Talk -Cats Happy Birthday Brian	7 9:30am Walking Program 10:30am Exercise Group 12:00pm Diners' Club 1:30pm Bedside Book Reading 1:30pm Quality Council Meeting 3:30pm Price Is Right 6:00pm Touch2Play	8 9:30am Walking Program 10:30am Exercise Group 11:00am Music Therapy- Group Session 2:00pm Bingo National Cat Day /Cat Photo Contest	9 9:30am Armchair Travel 10:00am Devotional Pray Group 1:30pm Euchre Card Game 2:30pm Paper Crafts
10 9:30am Hymn Sing 10:30am Tuck Shop Cart 11:00am Music Therapy- Group Session 1:30pm Newmarket Gospel Church 2:30pm Calming Coloring	11 9:30am Walking Program 10:30am Exercise Group 1:30pm Euchre Card Game 2:30pm Outdoor stroll 3:00pm Rosary Group & Communion 6:00pm Calming Coloring	12 9:30am Walking Program 10:30am Exercise Group 12:00pm Lunch Brunch Club 1:30pm Short Stories 3:30pm Bean Bag Toss 3:30pm Arts & Crafts 6:00pm Painting Wooden Crafts	13 9:30am Walking Program 10:30am Trinity United Church with Rev Sedney 1:30pm Daily Bread Reading 2:00pm Bingo 3:30pm Sensory Scents 6:00pm Hand Massages	14 9:30am Walking Program 10:30am Resident Council Meeting 1:30pm Brief Visits 3:00pm Hymn Sing With Sam 6:00pm Calming Music Maria's Baby Shower	15 9:30am Walking Program 10:30am Exercise Group 12:00 BBQ Lunch 1:30pm Snakes and Ladder Game 2:00pm Bingo 6:00pm Balloon Badminton Happy 90th Birthday Betty	16 9:30am Gaither's Gospel 10:30am Tim Hortons Social 1:30pm Euchre Card Game 2:30pm Outdoor stroll 3:30pm Painting with Vi 6:00pm Hand Massages
17 9:30am Morning Movie 10:30am Tuck Shop Cart 1:30pm Eyeglass Cleaning 3:30pm Ball in Hoop Games 6:00pm Giant Crossword	18 9:30am Walking Program 10:30am Residents' Food Committee 1:30pm Euchre Card Game 2:30pm Bedside Visits 3:00pm Rosary Group & Communion 6:00pm Montessori Sorting Happy Birthday Georgina	19 9:30am Walking Program 10:30am Exercise Group 11:00am Photo Booth 1:30pm Reminiscing Group 2:30pm Caibbean Cruise with Jay Franco 3:30pm Name That Tune 6:00pm Rolling Pineapple Ball National Photo Day	20 9:30am Walking Program 10:30am Exercise Group 1:30pm Touch2Play 2:00pm Bingo 3:30pm Montessori - Puzzles 6:00pm Brief Visits	21 9:30am Walking Program 10:30am Exercise Group 1:30pm Aroma Therapy 2:30 Wine& Cheese with Dave Toms 3:30pm Spelling Bee 6:00pm Board Games Happy Birthday Patricia	22 9:30am Walking Program 10:30am Exercise Group 1:30pm Sensory Cart 2:00pm Bingo 3:30pm Ball Toss 6:00pm Flower Quiz Residents' Council Awarness Day	23 9:30am Helping Hands- Decor take down 10:00am Devotional Pray Group 1:30pm Euchre Card Game 2:30pm Trivia
24 9:30am Outdoor stroll 10:30am Tuck Shop Cart 11:00am Music Therapy- Group Session 2:30pm Word within Word	25 9:30am Walking Program 10:00am Art With Marlene 1:30pm Euchre Card Game 2:30pm Travelling Manicures 3:00pm Rosary Group & Communion 6:00pm Outdoor stroll	26 9:30am Walking Program 10:30am Exercise Group 1:30pm Book Club 2:30pm Birthday Social with Rick 3:30pm Board Games 6:00pm Hand Massages Happy Birthday Ursula & Sheila	27 9:30am Walking Program 10:30am Music with Judy & Robin 2:00pm Bingo 3:30pm Touch2Play 6:00pm Giant Crossword	28 9:30am Walking Program 10:30am Exercise Group 1:30pm Colour Sorting 2:30pm Knitting for a Cause with Jennifer 3:30pm Darts 6:00pm Outdoor stroll	29 9:30am Walking Program 10:30am Outdoor stroll 10:30am Calendar Review 1:30pm Aromatherapy 2:00pm Super Bingo 3:30pm Gents' Group 6:00pm Calming Coloring Happy 90th Birthday Erna	30 9:30am Gaither's Gospel 10:30am Tim Horton Social 1:30pm Euchre Card Game 2:30pm Baking 6:00pm Bible Study
31 9:30am Bible Study 10:30am Tuck Shop Cart 1:30pm 1:1 Visits 2:30pm Jeopardy 3:30pm Sensory Cart 6:00pm Games- Uno Cards						

